

Wilderness Quest

October 11 - 19, 2024
Marataba, South Africa



Why

Why should I choose this leadership program? What do I achieve with it?

We live in a fast-paced, busy world where we often allow ourselves very little time to slow down and reflect on what we are doing. Moreover, many of us spend long days indoors behind computer, phone and television screens. Meanwhile, life flies by. On a daily basis, we often have too little time and attention to reflect on our personal leadership and professional development.

This leadership program is a true journey of discovery. The journey begins by creating more awareness: Awareness of what has shaped you, where you stand in your life and what drives you. But also awareness that your head, your feelings and your heart are inextricably linked. The program, including a 24-hours solo, takes place mostly outdoors in the pristine African nature. Far away

from the known, and from the daily routine we simplify and slow down: 7 days without watches, phones and computers.

This life changing experience will give you more confidence and focus to initiate change in your personal life and the organization in which you work.

From our end we offer a Wilderness Quest because we are called to do so. We believe that deepening one's connection to Self, is the most effective thing one can do. We believe that nature, solitude and silence are potent portals for that. We want to support people who want to unlock their full potential to give back. It is one of our ways to live our passion and contribute.

Intensive program

A four-months leadership program with an intense, seven-day wilderness quest in South Africa.

▮ **Interview:** introduction with one of the facilitator and an initial exploration of your goals and intentions.

▮ **Foundation Workshop:** introductory meeting with the group in which intentions are shaped and shared.

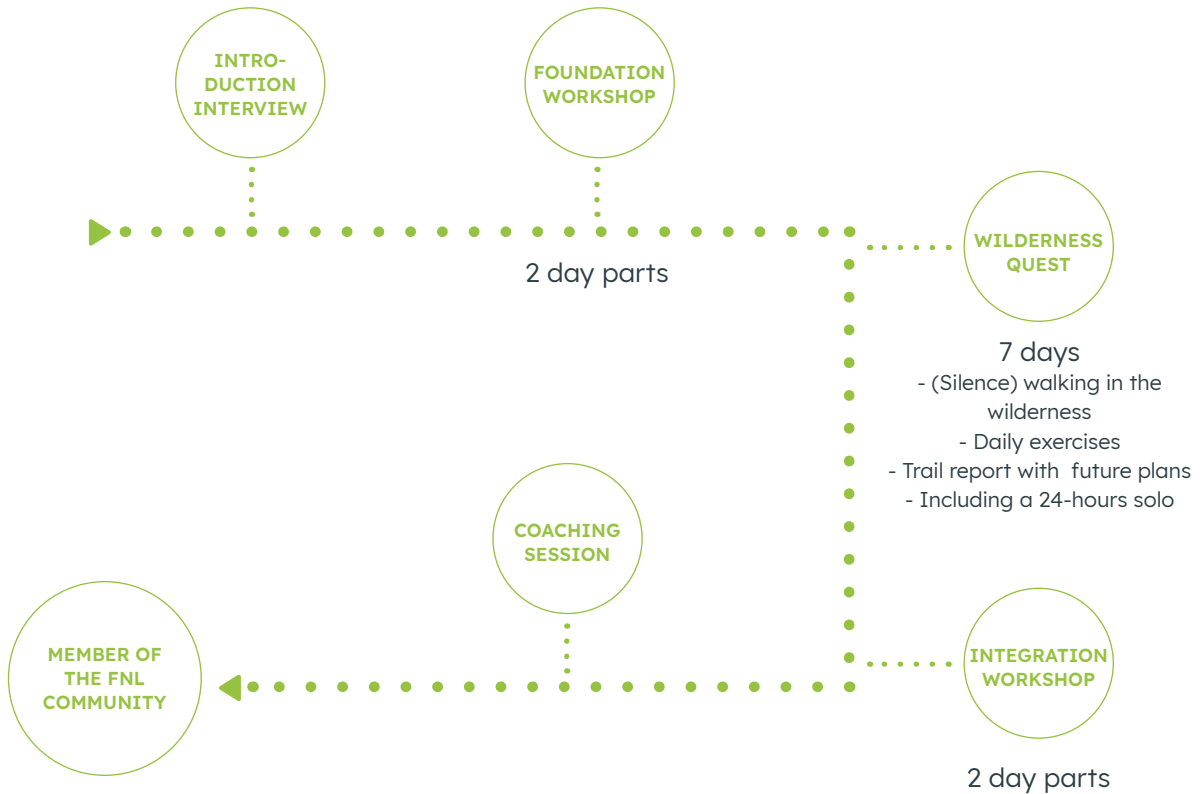
▮ **Wilderness quest in Marataba, South Africa, October 11 - 19, 2024:** a collective journey in which all participants undergo their own individual learning experience in nature. During the quest, we go back to basics. Daily (silence) walks and exercises where everyone can share their

story, learn and reflect together. During the solo you have the opportunity to open yourself for what wants to emerge for you. It will allow you to give direction to your life from inside out.

▮ **Integration Workshop:** a time when participants come together again, connect with each other with the goal of integrating the experiences and insights from the trail into everyday life.

▮ **Coaching Conversation:** you reflect on your actions and ambitions and on how you will work on this in the future.

Building blocks



Compared to all management training over the past 40 years, this trail has had the greatest impact!

Martin Stam

The location

Marataba is a malaria-free 23.000 hectare private concession within the Big 5 Marakele National Park (Limpopo, South Africa). This is a sanctuary where people can find themselves again by connecting with nature. It's one of the rare places where you can experience the wildness of Africa and organise a 24 hours solo in a responsible way. It is a haven for an impressive variety of wildlife due to its location in the transitional zone between the dry western and moister eastern regions of South Africa. Marataba is located at the foot of the Waterberg massif: a magnificent mountain range in which very old traces of human habitation has been found.



I was impressed by the purity of nature, but also had the feeling of being absorbed into the whole and the sense of being part of it.

Victor Groothengel





Natural Leadership invites me to seek and explore my true purpose in life. Experiencing the never-ending cycles of nature gives me the confidence that at any given moment, one can re-establish relationship with oneself and others. I am on a life journey to become a more engaged leader.

The trail experience challenged me to make a real connection with my heart. I learned to use silence and my ability to be still. The immense power of nature and its ever transforming and adaptive capacity has become one of my main sources for decisiveness,



Lieve Declercq
Managing Director
SPIE Nederland B.V.

hope and inspiration. I don't live just for today but my contribution to the next generation is essential.

Thus, my choices and decisions in my professional, personal and social life become more consistent and resilient.



Who is the program for?

and practical information

- When to consider a Wilderness Quest?
 - When it's time for you to take stock, withdraw and resource.
 - When you want to make a conscious transition into a new phase of your life.
 - When you want to deepen your sense of purpose and get clarity on the contribution you want to make.
- To benefit optimally from a Wilderness Quest it's good to have done some personal development work before and have affinity with nature. Otherwise a trail might be more catering to your needs. Please reach out if you want to explore what is right for you?
- Our participants come from a variety of organizations, both corporate, government and non-profit. Each program consists of a mix of up to 6 executives, senior professionals and entrepreneurs. What they have in common is:
 - A greater than average influence or desire to make a difference in their environment
 - A need for a few days of rest and time for reflection
 - The willing to open up and step out of their comfort zone
 - A desire for physical exercise in a natural environment
- Investment: €6.350 excl. VAT and flights.
- Many participants fund some or all of the leadership program from an employer's training budget.
- After completing the program, participants join the FNL Community, which has over 2500 members and continues to grow. Inspiring activities and meetings are organized for this community each year.



The programme of the Foundation for Natural Leadership is one of the most profound tools for transformation that I have experienced in my career.

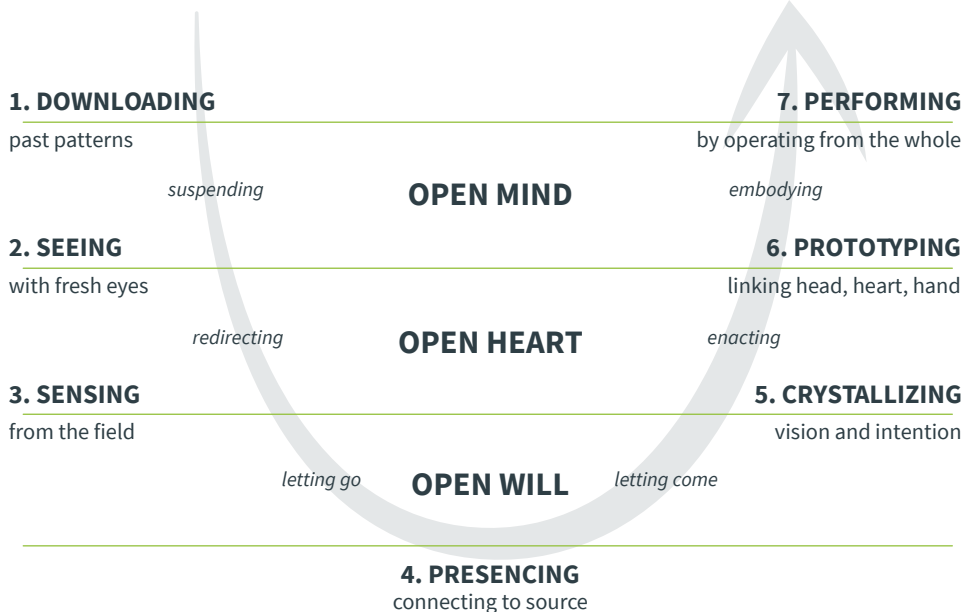
Herman Wijffels, Advisory Board

Our approach

Theory U

Our approach to leadership transformation is inspired by Theory U. Theory U is a philosophy, a framework and a methodology that can be used for fundamental transformation and rejuvenation. Otto Scharmer, who teaches at the MIT School of Management, is one

of the founding fathers of Theory U. It is more than just a theory; it is also a powerful process that invites people to look at issues from a new perspective using all their senses and to generate creative solutions. The process helps people to learn from the future rather than from the past.



Who is the Self? What is my Work?

Facilitators



Daniel Mulock Houer

For Daniel it's all about awareness. We are awareness. It's our true nature. He sees nature as one of the most potent portals to access deeper layers in ourselves, allowing us to directly experience our interconnectedness with life itself. What a gift to be able to immerse ourselves in the mother lap of the earth and open up to what wants to emerge from within.



Pieter Ligthart

Pieter goes on the trail on average once a year. For Pieter, a trail is like an MOT for the soul. In nature he comes to himself and asks questions such as: where am I now? How am I actually doing? How do I feel? And where do I want to go? I'm always curious who will join the trail and what the group will look like. Each participant will bring something to another participant and vice versa. A surprise, every time. Be welcome!

About FNL

FNL -founded in 2002- believes that it is time for a new kind of leadership: natural leadership.

Leadership that is needed to use the human potential that is present in ourselves and in our organization. Moreover, the kind of leadership needed to make the world of today and tomorrow more sustainable, both socially and ecologically.

Our mission is to support the development of Natural Leadership and to raise awareness of the connection between nature & people. We do this by facilitating Wilderness Leadership Transformation programs in the

pristine nature of the Netherlands, Europe and Africa. The programs provide participants with additional awareness about their potential leadership, drives, talents, creativity and intuition. With this awareness it becomes easier to realize a transformation on the personal, private, professional and public level.

Meanwhile, over 2500 people from various generations participated in the programs and we are a rapidly growing community in the Netherlands.

About WLS

The Wilderness Leadership School was founded in 1957 by the legendary Dr. Ian Player who, together with his friend and mentor Magqubu Ntombela, recognised the necessity for people to connect with the environment. Long before ecology had become a vogue catch-word, the Wilderness Leadership School foresaw the urgent need for a large body of wellinformed, conservationoriented leaders, capable of and dedicated to the defence of our planet's irreplaceable natural resources. Today The Wilderness Leadership School a registered non-profit and public benefit organisation, continues to provide an educational experience to thousands of South African youth and overseas visitors. Funds from partners such as FNL are used to fund community projects, community trails and training bursaries ensure that the experience is made available to our people from disadvantaged communities, thereby ensuring the sustainability of the tenets of the organisation which is to bring about awareness of the natural environment through experiential education.



More information & registration

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